



Healing hands, caring hearts

## SPRING GARDEN MEDICAL SPECIALISTS' & FAMILY CLINIC

Opp. Archbishop's House, Near Spencer's Daily, Pattom, Trivandrum

### VACCINATION PROTOCOL

- Vaccinations, for both adults and children, are available at Spring Garden Medical Clinic during and after the Covid-19 period.
- All vaccinations should be done only after a preliminary screening at the Clinic with a doctor (or over the phone during lockdown).
- All children's vaccinations, and the following adult vaccinations are available at the Clinic:
  - Influenza
  - Mumps, Measles, Rubella (MMR)
  - Varicella (VAR) (for chicken pox)
  - Pneumococcal Conjugate (PCV13)
  - Pneumo 23 (for pneumonia) (for patients above 65)
  - Tdap Boostrix (for tetanus/ diphtheria)
  - Hepatitis B
- The process for taking vaccinations at SGMC is as follows during the Covid-19 period:
  - Call Reception on **95629 86464** for an appointment;
  - Do the preliminary screening with the doctor at the clinic or over the phone;
  - Make the required payment;
  - Get the confirmed appointment time from the Clinic;
  - To ensure patient safety through strict social distancing, kindly follow the recommendations below:
    - Please come to the clinic in a car, with a relative or friend driving the car, 10 mins before the appointment time;
    - Stay inside the car till you are called for the vaccination, and for 30 mins after the vaccination;
    - Leave your phone inside the car when you go in for your vaccination.
  - Wash your hands before entering the clinic;
  - Undergo thermal screening, and get your BP and pulse checked before the vaccination. If the values are not normal, you may not be given the vaccination;
  - Leave the Clinic premises 30 mins after the vaccination;
  - There is a possibility of slight fever, body ache or soreness at the vaccination site after the vaccination; please contact the Reception if it does not subside after one or two days.
  - Make sure that you wear a 3-ply surgical mask properly at all times in the clinic premises; you should not remove the mask at any time, including while speaking to any staff.
  - Please change your clothes and take a bath when you reach home from the clinic.
- Please follow the same procedures for any adult or child vaccination. Any change in the above process will be informed to you by the Reception.
- *Please note:*
  - The MMR vaccination has not been prescribed for Covid-19;
  - Vaccinations are not recommended for the following:
    - Patients with immunocompromising conditions (e.g., patients on steroids, cancer treatment, etc.)
    - Pregnant women
    - Women of child-bearing age who could become pregnant within three months
    - Patients born before 1957 (please consult your doctor for further information);
    - Patients who are allergic to egg proteins or to previous vaccinations;
    - Any patient who has any of the following symptoms: fever, sore throat, running nose, loss of the sense of taste or smell, or diarrhea.

*Please call the Reception for any clarification or further information.*

***Stay safe and stay healthy!***